



## What is the Redwood City Mothers Club?

The RWCMC is a group of families with young children living in Redwood City and neighboring areas. The Club provides an active parenting community through an energetic email discussion group, lecture series, playgroups, family parties and regular drop-in activities.

## Club Offerings

### Email Discussion Group

#### ***Topics on the email discussion may include but are not limited to the following:***

- Parenting advice on everything from breast feeding techniques, toddler discipline, and developing good sleeping and eating habits.
- Finding good child care which may include preschools, day cares, nannies or just an occasional weekend sitter.
- Community activities to learn about city wide projects, educational initiatives, door-to-door solicitors, construction, etc.
- Finding good home resources such as plumbers, gardeners, financial planners, shoe repair resources, etc.
- Buying and Selling baby gear such as clothes, toys, cribs, playhouses, etc.

### Club Activities (including but not limited to):

See the club **Events Calendar** at [www.rwcmc.org/events](http://www.rwcmc.org/events) for up-to-date details.

#### ***Playgroups:***

- Coordinates playgroups with local families who have similarly aged children and schedules.

#### ***Toy Co-op:***

- A weekly drop-in resource that provides a great place to explore new toys and meet new friends!  
Currently meeting Fridays, 10am-12pm at 1400 Roosevelt, Community Activities Building.

#### ***Neighborhood Connections:***

- Hosts regular gatherings with families in your neighborhood.
- Snacks in the Park is a casual gathering (great for Dads!) at rotating parks on weekends.

#### ***Speakers at General Meetings:***

- On topics which vary from kindergarten registration, potty training, limit setting, and CPR.

#### ***Preschool Resource Center:***

- An on-line resource where you can query local preschools based on your families needs.  
(Daycares coming soon!)

#### ***Children's Excursions:***

- Monthly family outings to local museums, fire stations, pumpkin patches, pizza parlors, etc.

#### ***Parties and Events:***

- Halloween Party, Holiday Party, Summer Picnic, Gymnastics Party, Family Dance, etc.

#### ***Babysitting Co-op:***

- A sub-group of families that exchange babysitting services using a points system.

## How do I join RWCMC ?

Join the club at [www.rwcmc.org](http://www.rwcmc.org) or e-mail [outreach@rwcmc.org](mailto:outreach@rwcmc.org) for more information.